

# “The Circle of Safety” Consumer Awareness Advisor

*News and Tips to Make Your Life Easier, Safer and Happier!  
For Friends and Clients of The Salmeri Agency*

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### Top 7 Office Party Do's & Don'ts

It's simple when you use some good old common sense. Let others take chances while you appear cool and calm.

1. Do go along, even if it's for a token 30 minutes. No-one likes no-shows.
2. Don't be fooled that an office party is not work. Your behavior will be **judged** for good or bad.
3. Do decide what you want to **achieve** from the evening. Do you want to let down your hair or network with the right people?
4. Don't go **too far**. Be mindful of what you drink and be careful what you say and to whom you say it.
5. Do wear **appropriate** clothes. Your normal party clothes may reveal too much about you!
6. Do **say thanks** to the organizers. These events are normally organized by volunteers and they will appreciate the recognition.
7. Don't be the **office bore**. Despite all the constraints and pitfalls, it is still a party, so lighten up and have some fun.

## Drive Your Road Trip Costs Down This Summer

The Travel Industry Association estimates that 330 million trips will take place this summer! Even with fuel prices sky-rocketing and more people choosing to limit their trips the lure of the road trip and Route 66 still calls to us.

It's not too late to take advantage of the last long summer days; plan your road trip and save fuel costs with these helpful tips.

- Drive smoothly. Avoid heavy acceleration or braking. Speeding, rapid acceleration and braking can lower your gasoline mileage by 5 percent at lower speeds around town, and by 33 percent at higher highway speeds.
- Replace dirty or clogged air filters. Replacing a dirty or clogged air filter with a clean one can improve gasoline mileage by as much as 10 percent.
- Keep your engine well-tuned and repair any problems immediately. If your car has failed an emissions test or is noticeably out of tune, repairing the problem could improve your gasoline mileage by 4 percent on average.
- Make sure your tires are at the correct pressure and not over or under inflated. Keeping tires at the correct pressure can improve your gasoline mileage by about 3.3 percent.
- Choose a high-quality gasoline. Avoid low-quality discount gasoline that may allow performance-robbing gunk to form in your engine.
- Minimize vehicle drag. Removing excess weight from your trunk can improve your gasoline mileage.
- Use cruise control on major roads and in free-flowing traffic. Maintaining a constant speed can improve gasoline mileage.
- Avoid idling. When you are idle, you get 0 miles per gallon.
- Avoid higher speeds. Gasoline mileage usually decreases when driving at speeds over 60 mph.

For more information to get you on the road visit:  
<http://www.fueleconomy.gov/feg/drive.shtml>